

HOMECARE PRESCRIPTION CHECKLIST

Use this as a quick guide when building a client's homecare routine:

◆ Skin Assessment

- Skin type
- Current condition(s)
- Sensitivity level
- Barrier health
- Lifestyle considerations (time, budget, consistency)

◆ Core Routine

- Cleanser selected
- Treatment product selected (target concern)
- Moisturizer selected
- SPF recommended

◆ Routine Simplicity

- Routine is not overly complicated
- Client can realistically follow it
- Instructions are clear

◆ Client Understanding

- Explained purpose of each step
- Reviewed how often to use products
- Answered client questions

◆ Professional Approach

- Recommendations feel appropriate—not excessive
- Focus is on results, not sales
- Adjustments planned for future visits